

Can Trauma Cause Illness?

By Louise Swartswalter ND, CBT, CNHP

More than twenty years ago in 1979, a German physician, Dr. Hamer began his research after the death of his son Dirk. Dirk's death was unexpected and a very traumatic experience for Dr. Hamer. Three years after Dirk's death, Dr. Hamer was diagnosed with testicular cancer. Up until this point Dr. Hamer was a very healthy individual. He postulated the shock of Dirk's death was related to the cancer.

Dr. Hamer found that all disease originates from an unexpected shock or trauma. His findings prove that the trauma and the shock affect the psyche, the body and most importantly the brain. In fact, at the time of his son's death, Dr. Hamer was working with many breast cancer patients. When he began to treat the shock and trauma the cancer subsided.

The concepts Dr. Hamer discovered is one the reasons we have excellent results working with a variety of diseases at ANHC. We have Hamer medicine on the Quantum Biofeedback and Louise is a master at finding and working with releasing shock and trauma using a combination of energy work, medical intuition, biofeedback and Hanna Kroeger's work. This combination approach is so comprehensive you can expect to leave with a plan in hand for proper supplementation (homeopathy, herbs, nutrition), tools for stress reduction, healthy home alternatives, and feeling relaxed, lighter and empowered.

Everyone has past traumas from early childhood. Even small occurrences can cause trauma that gets trapped in the body. These experiences need to be cleared for healing to take place. Recently, at ANHC we have worked with two individuals with traumas related to the past. One woman with chronic fatigue and allergies had been abused by her father and lost a sister to cancer. We were able to clear the past traumas and also work on the allergies. Here is what she said: "The words you spoke changed and altered my life in a way I consider truly miraculous. I not only have the experience of forgiving my father and having that peace of mind, but Jesus has entered my life. You are a very gifted healer. Thank you!"

Another client, a nurse, whose family has a history of heart issues, was experiencing the same heart arrhythmias. She came into the office with nausea and a rapid pulse that morning. We released the familial pattern and worked on the vagus nerve, heart and blood pressure panels on the biofeedback. By adding the Geotran codes while receiving the biofeedback I was able to calm the heart irregularity and restore balance. By working with Hamer medicine, trauma panel, meridians, neurolinguistic programming and the Geotran work we were able to stabilize and train the body and mind to be healthy. Needless to say this client is grateful!

If you have tried many modalities with minimal results call for an appointment today! You too, can experience whole health physically, mentally, emotionally and spiritually with the use of the Quantum Biofeedback, Geotran integrations, Reams's testing, naturopathy, trauma release work, homeopathy, herbs, kinesiology, message, lymphatic drainage therapy and ionic cleanse footbaths. We work with YOU to accomplish your health goals and correct imbalances in the least number of sessions possible. **Call today for your appointment! 797-0540** Mention this article and receive a discount off your first session.